

◆ **Marshalltown Miller Middle School** **125 South 11th Street**
School/gym: Coming in on Highway 30 turn north on Highway 14 (Center Street). Travel north on Highway 14 and cross the railroad viaduct. Turn west on Boone Street and go west eleven blocks to South 11th Street. The school is on the corner of South 11th and Boone. Coming in on Highway 330, stay on Highway 330 (Lincolnway in Marshalltown) and follow it to South 12th Street. Turn north on South 12th Street and go two blocks.
Franklin Field (football, track): Follow the above directions to Miller and continue north to Main Street. Turn west at Main Street and go to 14th Street.

MASON CITY

◆ **Mason City High School** **1700 4th Street SE**
SE High School: I-35 north to second Clear Lake exit, which is Highway 18. Proceed east on Highway 18 through town. Turn left onto Illinois Avenue, campus is on your right.
Mason City High School football field/gym/softball diamond/John Adams Middle School: Coming in on Highway 18 East, take Exit 190 (which is California Avenue/NIACC). Go to stop sign and turn left onto Highway 122. Travel West on Highway 122 – the high school/JAMS will be on the right (north) side.
Mason City High School soccer field/baseball diamond/Roosevelt Middle School: I-35 north to Highway 18 exit. East on Highway 18 to the junction of Highways 65 and 18 (Federal Avenue), turn right. Go to 15th Street SE, turn left and proceed two blocks.
Highland Golf Course (boys' golf, cross country): I-35 north to Highway 18 exit. East on Highway 18 through town to Kentuck Avenue, turn left. Proceed to 12th Street NW, turn left and go to North Rhode Island Avenue. Turn right for about 10 blocks to a T-intersection, turn right and go one block.
Mason City Country Club (girls' golf): I-35 north to Highway 106 west (first Clear Lake exit) and follow Highway 106 into town. Proceed approximately 8 miles.

NEWTON

◆ **Newton High School** **East 4th Street South**
High School: Interstate 80 East to Highway 14 northbound exit (first Newton exit). From Iowa 14, turn right at the first stoplight. (If entering Newton on Highway 14 from the north, turn left at Country Kitchen and Amoco Station.) Go east to stop sign. Turn left on West 12th Street for 4 blocks, turn right on South 8th Avenue West and follow road to the high school.
Football stadium (football, soccer, track): Follow the directions to the stop sign; turn left, then a quick right and go directly to the stadium.
Woodland Park (baseball): Follow Highway 14 north past 2 stoplights, turn right by J & M Mobile Home Sales (North 19 Avenue West) and head east to the park
Berg Middle School (softball): Go past Woodland Park to East 19th Street north, turn right and proceed south to the middle school.
YMCA (swimming): Proceed past the high school on South 8th Avenue West, turn right on East 17th Street South.
Tennis: Maytag Park or Aurora Heights Park.

◆ **Newton - Berg Middle School** **1900 North 5th Avenue East**
School/gym/football: From I-80 (exit #168) follow Northeast Beltline Road north across Highway 6 and turn left on North 4th Avenue East. Go to East 19th Street North and turn right. Enter the bus entrance off 19th Street to the gym and football field. Coming from the north on Highway 14, turn on county road T-12. Follow T-12 to Highway 6 and turn right. Turn right on NE Beltline (East 35 Street) and go to North 4th Avenue East (first turn). Turn left on North 4th Avenue East and go to East 19th Street North.
Track: From Interstate 80 take exit #164 and follow Highway 14 north to first stoplight (South 12th Avenue West). Turn right and follow to stop sign, then turn left and go one block to South 11th Avenue West. Turn right and follow it to the stadium. From Highway 14 North, travel past a stoplight and stop (with flashing red light) to the second set of stoplights. Turn left and follow South 12th Avenue West to a stop sign. Turn left and go one block to South 11th Avenue West and turn right. Follow 11th Avenue to the stadium.

OTTUMWA

◆ **Ottumwa High School** **501 East 2nd Street**
High School: Highway 63 south to Fourth Street (fire station is on the right). Left on Fourth Street.
Schafer Field (football, track): Highway 63 south to Fourth Street (Fire station is on the right). Left on Fourth Street for 10 blocks. Stadium is on the left.
Evans Gymnasium (basketball, wrestling, volleyball): Highway 63 south across the river to the first stop light. (Junction 34 and 63) Continue straight south on Ferry Street fourteen blocks.
Walsh Gymnasium (9/10 basketball): Highway 63 south one block past the first stoplight. Turn left which is Bonita Street for two blocks. Turn right on the Kenwood for one block and then turn left on to McCarroll Drive.
Greater Ottumwa Park (tennis, baseball): Highway 63 south across the river to the first stoplight. (Junction 34 and 63) Continue straight south on Ferry Street for approximately 1/2 mile. Take the first left turn off Ferry into the park entrance. Turn left (north) immediately after entering the park. Follow the park road to the tennis courts and baseball fields.
Huston Field (softball): Highway 63 south across the river to the first stop light. (Junction 34 and 63) Continue straight south on Ferry Street to Greenwood Avenue (two blocks south of Wendy's). Turn right on Greenwood Avenue for approximately 12 blocks to McKinley Avenue. Turn right on McKinley and then take the first right into Huston Field.

SE POLK

◆ **Southeast Polk High School** **8325 NE University Avenue, Runnells**
High School: Located on Highway 163 8 miles east of Des Moines and 5 miles south of Altoona. Take I-235/80 east to the Adventureland exit. Proceed south to Highway 163 and turn left. High school will be on the south side of the highway.
Toad Valley (girls' golf): Directly south of the high school.
Terrace Hills (boys' golf): Take Highway 6 for four miles east of Altoona.

◆ **Southeast Polk Junior High** **8325 NE University (Hwy. 163 East)**
School/gym/track: The school is located at the SEP high school complex on the south side of Highway 163 between Des Moines and Prairie City. Coming from I-35/I-235, take the East University exit and go east on Highway 163 (East University) about six miles.

URBANDALE

◆ **Urbandale High School** **7111 Aurora Avenue**
High School (wrestling, basketball, volleyball, football, track, soccer): I-80 to Merle Hay Road exit, south on Merle Hay Road. Turn right on Aurora. High school is on the north side of Aurora.
Baseball: South on Merle Hay Road to Meredith Drive, turn right to 70th Street. Turn left to Twana Drive, turn right and go to 72nd Street. Turn left and go south.
Softball: Located across from the high school.
Swimming: 72nd and Aurora; go past the high school - pool is west of the high school.

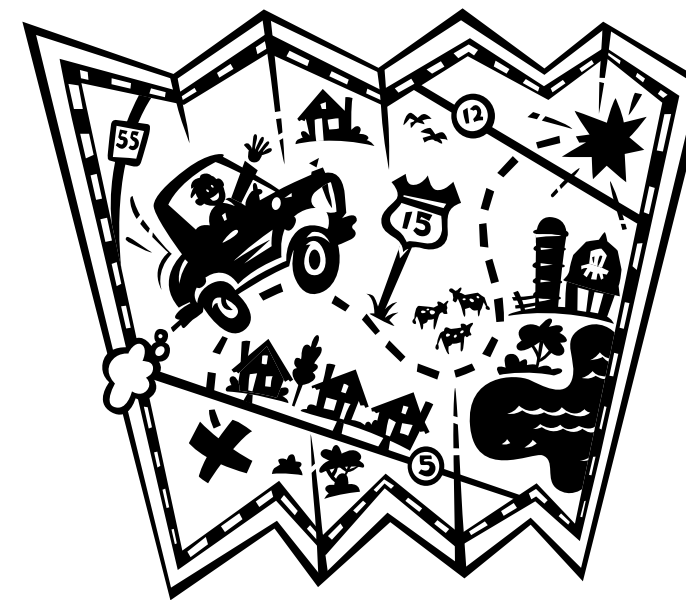
◆ **Urbandale Middle School** **7701 Aurora Avenue**
School/gym/track: Coming from the south, take the Douglas exit off I-35 and travel east on Douglas to 86th. Turn north on 86th and go to Aurora. Turn east on Aurora for 1/2 mile. The middle school is on the north side of the road. The gym and football field are at this site. The track is three blocks further east on Aurora at the high school. Coming from the north, take Merle Hay Road exit off I-80 and travel south to Aurora Avenue.

WEST DES MOINES

◆ **Valley High School** **1140 35th Street**
High School: I-235 To Valley West Drive (35th Street) in West Des Moines. Take Valley West Drive south to Woodland Avenue and turn right (west) to athletic parking lots.
Softball/baseball: Continue on Valley West Drive past Woodland Avenue. You will see the school on the right. Fields are south of the school.
10/Varsity football & soccer: Take I-235 to the 8th Street exit in West Des Moines. Take 8th Street south 1 mile to the stadium.
Willow Creek Golf Course (golf): Take I-80 to I-35 to Army Post Road east.
Southwoods School (9th grade): Take I-235 to Valley West Drive (35th Street). Proceed south past EP True Parkway to George M. Mills Civic Parkway. Turn left to 35th Street. Proceed to 625 South 35th Street.

◆ **Indian Hills Junior High -WDM** **9401 Indian Hills Drive**
School/gym/football: From the north take I-35 to I-235 and exit at 35th Street. (WDM exit #1) Follow 35th Street north to University and turn east. Turn north at 94th Court and follow it to Indian Hills.
Track: Take I-35 to 35th Street exit and go south on 35th and Woodland Avenue. Turn right on Woodland Avenue at Valley High School. The track is southwest of the school.

◆ **Stilwell Junior High - WDM** **1601 Vine Street**
School/gym/football: From I-235 take the West Des Moines 8th Street exit south (exit #3). Travel south to Grand and turn west. Follow Grand Avenue to Stilwell Junior High. The school is on the south side of Grand Avenue.
Track: From the north, take the 35th Street exit off I-235 and go south to Woodland Avenue. Turn west on Woodland Avenue at Valley High School.



Central Iowa Metropolitan League

School Directions

AMES

◆ **Ames High School** **1921 Ames High Drive**
High School (football, volleyball, swimming, basketball, wrestling, track, soccer, tennis, softball): Take the 13th Street exit off of I-35. Go west to Grand Avenue; turn right. Proceed to 20th Street and turn left. Go west until you reach the high school.
Brookside Park (baseball, tennis): At 13th and Grand, turn left and proceed south to 6th Street, where you turn right and proceed west. After you cross the river, turn right into Brookside Park. Baseball is to the left and tennis is to the right.

Innis Grove (tennis): Go to 24th and Grand and turn right and proceed east to the tennis courts.

Ames Golf & Country Club (golf): From 24th and Grand turn left and proceed west. Follow 24th (it becomes R-50) west and north to the Country Club which is approximately three miles north.

◆ **Ames Middle School** **321 State Street**
School/gym: Coming in on I-35, take Highway 30 west exit, then take Duff Avenue north to Lincolnway. Turn west on Lincolnway to State Street. Travel south to the middle school which is located on the west side of the road.

Football/track: Games and meets are at Ames High School located at 20th and Ridgewood. Take the 13th Street exit west off I-35 and continue west to Grand Avenue. Turn north on Grand. Go north to 20th. Turn west on 20th to the High School.

ANKENY

◆ **Ankeny High School** **1302 NW Ankeny Blvd.**
High School: Interstate 80 east to East 14th exit. Turn left (north) onto East 14th which turns into Ankeny Blvd. Go through Ankeny. The school is on the west side of Ankeny Blvd. about 1/4 mile north of the intersection of 1st Street and Ankeny Blvd. All athletic facilities (except golf) are located at or near the high school.
Otter Creek (golf): Two miles north of the school on Highway 69, then a mile east.

◆ **Ankeny - Northview Middle School** **1010 NW Prairie Ridge School/gym/9th football/track:** Coming in on I-35, take exit 91 to 1st Street. Proceed west on 1st Street to 4th set of stoplights (junction of H-69). Continue through this intersection (west) to the next set of stoplights (intersection with NW Ash Street - look for Ankeny water tower as a landmark). Turn right (north) onto NW Ash Street and proceed to the intersection of NW 9th (Prairie Ridge). Proceed north through this intersection and turn into the school driveway entrance (2nd left).

◆ **Ankeny - Parkview Middle School** **105 NW Pleasant Street**
JV basketball: Three blocks west of the 1st Street and Hwy 69 intersection south of the high school.

DES MOINES

◆ **Des Moines East High School** **815 East 13th Street**
High School: I-235 to the East 15th Street exit and proceed north to Walker Street. Turn left to go to the high school or right if going to the stadium, track and softball field or tennis courts. The tennis courts are one block east of the high school. The baseball and softball fields are located two blocks northeast of the school and adjacent to Williams’ Stadium. For events in the gymnasium or pool, park in the northeast lot. For football, soccer, track, tennis, baseball and softball, use the stadium parking lot to William’s Stadium, East’s “home” field. Golf matches are held at various sites in the metropolitan area.

◆ **Des Moines Hoover High School** **4800 Aurora Avenue**
High School: Interstate 35 to Interstate 80. Proceed to the Merle Hay Road exit and turn south to Aurora (Bob Brown Chevrolet). Turn east for 10 blocks. All events are played at the high school.

◆ **Des Moines Lincoln High School** **2600 SW 9th Street**
High School: Interstate 235 to the Keo exit south, turn south on 9th Street through downtown Des Moines. Follow SW 9th Street to Bell or Loomis Streets; turn right (west) one block.
Hutchens Stadium (football, track, soccer): Just north of the Lincoln roundhouse.

Baseball/softball: Located at 1000 Porter Avenue, two miles south of the high school on SW 9th to Porter; turn west and go about one block.
Tennis: Courts are just north of the high school on SW Bell.

◆ **Des Moines North High School** **501 Holcomb Avenue**
High School: Interstate 35/80, take the 2nd Avenue exit south to Holcomb Avenue. From I-235 take 6th Street exit north to Holcomb Avenue. The gymnasium and pool are located in the south wing of the school. Use the southeast parking lot and enter through the south doors.
Varsity football: Various high schools in the Des Moines area.
9/10/JV football: Played just west of the high school.

◆ **Des Moines Roosevelt High School** **4419 Center Street**
High School: Interstate 235 to the 42nd Street exit and proceed north to Center Street. Turn left to the high school.
Football: Various high schools in the Des Moines area
Soccer: James Cownie Soccer Complex.
Waveland Golf Course (golf): Take the 42nd Street exit off of I-235 and proceed north to University Avenue. Turn left to 49th Street.
Waveland Courts (tennis): Take the 42nd Street exit north off of I-235. Proceed north to Center Street and turn left. Continue past the high school to Polk Blvd. and turn right. Go north for about two blocks.

DOWLING

◆ **Dowling High School** **1400 Buffalo Road**
High School: I-235 to 8th Street, West Des Moines exit and turn north. Proceed to the stoplights at the intersection of 9th and Buffalo Road, turning left. School and athletic complex will be approximately one-quarter of a mile on your left.
Varsity football: Valley Stadium or Urbandale Stadium.

FT. DODGE

◆ **Ft. Dodge High School:** **819 North 25th Street**
Take I-35, Highway 69 or Highway 17 to new Highway 20 west. On 20, proceed to the first Fort Dodge exit (Coralville and Fort Dodge). Proceed north to 5th Avenue South (stoplight & T-intersection) and turn left, traveling west to the Sonic Restaurant, intersection of Country P-63. Turn right (north) to T-intersection, turn left and proceed west, approximately one-half mile. High School will be on your left.
Football stadium (football, track, baseball, tennis): Continue going west past the high school to a 4-way stop. Turn right on 22nd Street, traveling north to Floral Avenue, then turn left going west. The stadium is on the left at 1930 Elm Hurst Avenue.
Harlan Rogers (softball): Continue on Floral Avenue to 15th Street, turn right, proceed north to the outskirts of town.
Fort Dodge Golf & Country Club (golf): Take highway 169 exit off of new 20 and proceed north. Take the first exit after Iowa Community College campus.

◆ **Fort Dodge Phillips Middle School** **1015 5th Avenue North**
School/gym/football: Coming in from the north or south, take Hwy. 20 exit off I-35 and follow to Fort Dodge/Coralville exit. Go north to 5th Avenue South (stoplight & T-intersection). Turn left and go west approximately three miles to 12th Street (4 way stop). Turn north and go six blocks to 4th Avenue. Turn left (west) one block to the school.
Track/stadium: Same as above, except when you turn left (west) on old Hwy. 20 proceed to County P-63 (Sonic Restaurant corner). Turn right (north) and go to T-intersection. Turn left (west) and continue one half mile to the high school on the left. The stadium is three more blocks on the right.

◆ **Butler Elementary** **945 South 18th Street**
Ninth grade basketball: On 20, proceed to the first Fort Dodge exit (Coralville and Fort Dodge). Proceed north to 5th Avenue South (stoplight & T-intersection) and turn left, traveling west. Travel on 5th Avenue South west turn south (left) of South 18th Street. From Fort Dodge High School, go to North 22nd Street (4-way stop). Turn left (south) to 2nd Avenue North (another 4-way stop), continue going south, 22nd Street will curve west one block. Turn left (21st Street) and proceed south to 5th Avenue South. Turn left on 18th Street. Travel south to Butler Elementary School, approximately 5 blocks.

INDIANOLA

◆ **Indianola High School** **1304 East 2nd Avenue**
High School: Highway 69 south to Salem Street and turn left and proceed east to the school or continue on Highway 65-69 to the intersection of Highways 65-69 and Highway 92. Proceed east on Highway 92 to the high school.
Simpson College (varsity football, track, swimming): Turn west on Iowa Street off Highways 65-69, proceed west until you come to D Street, where you turn left and go 4-5 blocks.
Picard Park (cross country): Follow same directions for school and continue on Highway 92 to the Park.
Shady Oaks (golf): Located in the town of Ackworth, which is 5 miles east of Indianola on Highway 92. Course is on the highway about 1/2 mile from town.

◆ **Indianola Middle School** **403 South 15th Street**
From the North: Take Highway 65/69 to the intersection of Highway 92. Turn east on Highway 92. Follow 92 to the 15th Street intersection (first stoplight - about one mile). Turn north (left) to the football field or turn south to the middle school.
From the East: Take Highway 92 and turn south (left) at the first stoplight (15th Street) to the middle school.
From the West: Take Highway 92 through town to 15th Street. Turn south (right) to the middle school.

JOHNSTON

◆ **Johnston High School** **6501 NW 62nd Avenue**
All 9-12 sports are played here at Johnston High School except golf (Jester Park), cross country (Walnut Ridge), and swimming Summit Middle School). Interstate 80 west to the Merle Hay exit. Turn north or right at Merle Hay. Stay on Merle Hay Road for approximately two miles and turn west or left on NW 62nd Avenue (Walgreens on the corner) and go one block to the high school.

◆ **Johnston Middle School 8/9 School** **6207 NW 62nd Avenue**
(Same directions as high school). The Middle School and High School share the same parking lot.

◆ **Johnston Summit 6/7 School** **9500 Windsor Pkwy.**
Interstate 80 west to 86th Street. Turn north on 86th Street. Go to Windsor Pkwy. and turn west. Go about a 3/4 of a mile and you will see the school (pool entrance is labeled).

◆ **Beaver Creek Elementary** **8701 Lyndhurst Drive**
Interstate 80 west to the Merle Hay exit. Turn north or right at Merle Hay. Stay on Merle Hay Road for approximately two miles and turn west or left on NW 62nd Avenue (Walgreens is on the corner) and go past the High School and Middle School for approximately one mile to the corner of NW 62nd and NW 86th (John Deere Credit is on the corner) and turn right or north. Beaver Creek is a short distance on the west side of NW 86th.

◆ **Horizon Elementary** **5905 NW 100th Street**
Interstate 80 west to 86th Street exit. Turn north on 86th for approximately 1 mile and turn left or west on NW 62nd Avenue. Go to 100th Street and turn south.

◆ **Lawson Elementary** **5450 NW 62nd Avenue**
Interstate 80 west to the Merle Hay exit. Turn north or right at Merle Hay road for approximately two miles and turn east or right on NW 62nd Avenue (Walgreens on the corner) and go one block to Lawson.

◆ **Wallace Elementary** **6510 NW 62nd Avenue**
Interstate 80 west to the Merle Hay exit. Turn north or right at Merle Hay road for approximately two miles and turn north or left on NW 62nd Avenue (Walgreens on the corner). Wallace Elementary is south of the High School.

◆ **Jester Park Golf Course**
Interstate 80 west to the 141 exit. Stay on Highway 141 (approximately 5 miles until 121st Avenue and turn right (there will be a Jester Park sign). Follow 121st Avenue and you will see the golf course.

MARSHALLTOWN

◆ **Marshalltown High School** **1602 South 2nd Avenue**
High School: Highway 30 to Marshalltown. Take exit #185 (Marshalltown Community College/Newton exit). Turn left (north) off exit onto Highway 14. Proceed north on Highway 14 (Center Street) to Olive Street and turn right (east). The school is one block and Roundhouse is two blocks on the north side of the street.
Iowa Veterans Home (cross country): Coming in from the Diagonal (Old 330), turn into Lincolnway. Continue on Lincolnway to 9th Street, turn left and continue to Summit. Turn left on Summit to 13th Sreet.
Leniham Middle School (9th volleyball, 9th basketball): Follow directions to Olive Street and proceed north two more blocks to Ingledue. Turn left (west). Proceed 5 blocks and the school is on the left.
Elmwood Country Club (boys' golf): Follow directions to Olive Street. Turn left (west) at the stoplight onto Olive. Proceed on Olive until you come to Country Club Lane and turn left (south).
American Legion Golf Course (girls' golf): Follow directions to Olive Street and turn left (west) at stoplight. Proceed six blocks to the stoplight and turn right onto 6th Street. Proceed one block to entrance on your left.

◆ **Marshalltown Anson Middle School** **South Third Avenue**
School/gym/football: When coming into town on Highway 30, turn north on Center Street (Highway 14) and follow it to South Street or Anson Street (sixth and seventh set of stoplights). Turn east and go two blocks to Third Avenue. Anson School is on the east side of Third Avenue.
Track: Either Franklin Field or the high school track. The high school track is about three blocks south of Anson on Third Avenue. From Highway 30, follow Center Street to Olive Street (5th set of stoplights) and turn east. Go three blocks east and turn north into the parking lot behind the high school. The track is in the northeast corner.