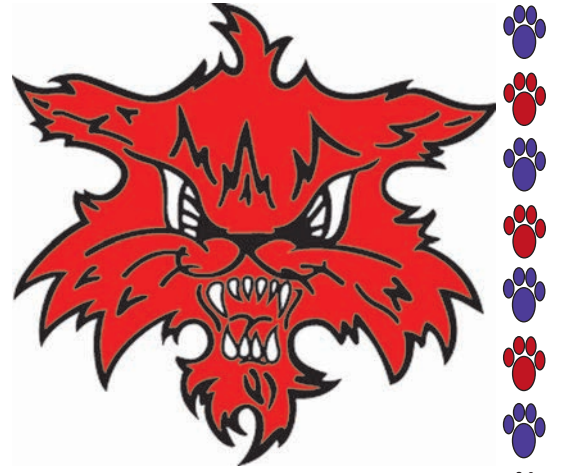


Pebbles

Marshalltown High School's Student Newspaper
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Senior Thoughts



By: Trevor Lewis

Marshalltown High School is the place I have come to know and become familiar with. I have grown so much in the four years that I have been here. It has been an honor to find myself while getting involved in more ways than I can count. MHS has offered me many new experiences and a new perspective. The students and faculty here at MHS are the people that I have gained many opportunities from and they are the ones I look to for advice, knowledge, and to challenge me. I know I still have many years of education to come, but I will remember these past four years.

Coming into high school as a freshman, I had no idea of all the opportunities high school offered. The high school wasn't too overwhelming, but I knew it was going to be a struggle getting used to the transition and learning how to work the system. I was independent as a student and moved through groups that allowed me to have more experience throughout high school. As a little freshman coming into high school, I felt as though my work ethic was going to change and everything was going to be different. As a student, I had a sense of intimidation as a ninth grader because I didn't know what to expect and how to just be in the hallway. There were so many classrooms and hallways that lead me to nowhere. Until I started getting involved and empowered, I had no idea what I was doing. When I got to high school, I had to rebuild myself just like I had to do when I started at Lenihan and Miller. Once I got to the high school nobody knew who I was or what I liked to do, so I had to find those opportunities to get involved, show pride in my school and work hard to build my character to what it is today. I've become involved in many things and sometimes it's a little overwhelming, but I manage.

As a freshman I just wanted to go to class and get the year done, especially on Fridays when I go home and sleep after school. As I saw the opportunities and advantages of being involved, I took on some responsibilities. Freshman year I joined student senate and ran as a class officer and that was a big step for me considering I just wanted to go to class and get through the day.

Going into sophomore year, I stayed in student senate and ran for the same officer position. At the end of sophomore year I was inducted into NHS. I also joined track, but sports are not one of my strong suits.

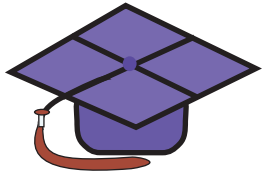
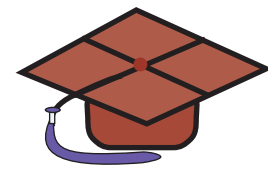
Junior year was a big year for me; I took AP classes, I became the class vice president in the Student Senate, I started writing for Pebbles, and I became manager of the girls swimming and diving team. Junior year is also when I became very sick and was hospitalized for a week due to a diagnosis of Type 1 diabetes, this is a incurable disease in which an organ in your body called a pancreas stops producing a hormone called insulin, which lowers the amount of sugar in your blood stream. This was a complete shock because I had a lot of the same symptoms of the flu. As I was in the hospital missing finals week; I was learning how to handle this new disease. Junior year was a tough ride, but I made it to senior year.

Senior year has given me so many opportunities to thrive as a student. I really felt like I belonged at MHS just before senior year when I took part in painting the ceiling tiles in the lunchroom to add some color to our school. After that, my involvement during senior year took off. I accepted an offer to become a Student Rotarian. I started mentoring sixth graders in the school district. I am still in NHS and I am still the class vice president, and I continue to be the girls swim team manager. Senior year has been a blessing and a hardship because of the more-or-less difficult classes and my continuous involvement inside and out of the school.

The last four years at Marshalltown High School has given me opportunities that only some can even dream about. Coming into high school, I wasn't tied to anything like sports, band, or other specific activities. As I grew older and became more knowledgeable, I became involved in the things that helped make me who I am today. It has been helpful to get involved the last four years. I have been a part of more things than I can count. As a student, MHS is the only place I would have liked to spend my high school years. I can't even imagine finishing high school at any other school. I have been blessed to meet my friends, get involved in the things I did, and participate in the opportunities that were presented to me.



Congratulations seniors from the Pebbles staff!



How would you summarize this season?

Boys Tennis

By: Trevor Lewis

Head Coach: James Christensen

"Boy's tennis had a successful season. Great improvements were made, learning occurred on and off the court and a lot of fun experiences were had. We finished 6-6 on the year and had 4th place finish at districts."

Girls Soccer

By: Haley Bell

Head Coach: Stacy Galema

"Our team has had a focus the last several weeks on playing as a team and becoming more offensively minded. We've become much calmer on the ball and looked to find the correct opportunity to attack while maintaining possession. We're playing more as a team and looking to connect, which is the foundation of playing quality soccer. Our Freshmen and JV teams have come an incredibly long way, which is very inspiring for them and the program. We're looking to finish out the season with our best games as well as honoring our 10 seniors."

Boys Soccer

By: Trevor Lewis

Head Coach: Chris Fuchsen

"I would summarize the season as a tremendous learning experience; full of opportunities to learn and mature, not only as a player but also as people of character."

Girls Tennis

By: Haley Bell

Head Coach: Blake Cutright

"We did well, most wins in over six seasons."

Girls Golf

By: Trevor Lewis

Head Coach: Lucas Johnson

"Our girls took a big leap forward as a team this year. We finished the regular season with a record of 48 wins and 24 losses. We placed four girls on the All-Conference squad and will return three of those girls next year. Our girls gained a lot of confidence this year showing that they were capable of finishing regularly in the top half of any field we played including a 2nd place finish against some great teams at the Southeast Polk Invite. We'll miss our seniors, Emily Vest, Kyli Jacobsen, and Allison Reeder on the course, but more importantly as teammates. With a strong class of juniors returning for their final year in 2018, along with some promising younger girls, the future of Bobcat girls golf is bright."

Boys Track

By: Trevor Lewis

Head Coach: Doug Bacon

"The team improved consistently as the season progressed. We were worked hard, competed better, and finished the season, in general, with our best efforts. We placed 4th in the conference which was a "stepping stone" goal that we had. The performances we had at the end of the year will set us up well for next year. Maddux Richardson had a great year in the shot put. He set the school record, placed 6th at Drake, and qualified for state. The 4x800 relay of Bennett O'Hare, Sam Irwin, Luke Pedersen, and Brent Johnson qualified for the state meet also.

Doing well and qualifying for state in several events needs to be our expectation for next year."

Girls Track

By: Haley Bell

Head Coach: Chad Pietig

No comment from Coach Pietig.

What are your expectations for this season?

Baseball

By: Trevor Lewis

Head Coach: Steve Hanson

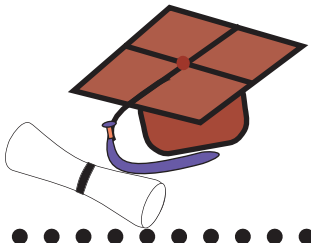
"We hope to improve everyday, be competitive in our league and make a run during the post season."

Softball

By: Haley Bell

Head Coach: Jim Palmer

"The expectations for this year will be set higher with the number of returning starters. Some of those expectations will be for us to win more of our conference games which will help us to feel better for regional play in July. There will also be expectations for this team from freshmen through seniors to support and push one another to become better players and to support one another through the season."



End of the Year Schedule

5/22/17	Senior scholastic award night	7:30pm
5/23/17	Senior Final Exams	Per: EM, 2, 4, 6
5/24/17	Senior Final Exams	Per: 1, 3, 5, 7
5/24/17	Senior Baccalaureate MHS Aud.	6:00pm
5/25/17	Senior Chromebook Check-in	--
5/26/17	Senior Graduation Rehearsal: MHS RH	8:00am
5/26/17	Senior Elementary Graduation Walk	1:00pm
5/28/17	Senior Graduation!	2:30pm
5/31/17	Semester Exams	Per: 1, 3, 5
6/1/17	Semester Exams	Per: 2, 4, 6
6/2/17	Semester Exams	Per: EM, 7

Recipe of the Month

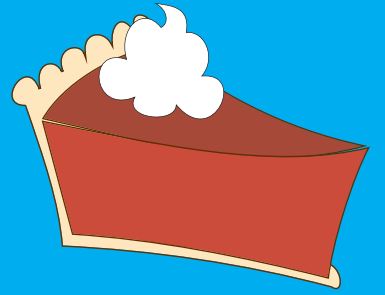
By: Haley Bell

Strawberry Pie

Ingredients: 9 inch pie crust
4-6 c fresh strawberries, quartered and hulled
1 c water
1 c sugar
1 3 oz. box of strawberry Jell-O
2 tbs of cornstarch

Instructions: 1. Bake pie crust in 9 inch deep pie dish and set aside to cool
2. Put the water, sugar and cornstarch in a saucepan and bring to a boil.
3. Whisk constantly until it becomes thick. For about 3 minutes.
4. Then whisk in the Jell-O and cook for a minute longer.
5. Remove from the heat and let cool for about 15 minutes.
6. As the glaze cools, place strawberries straight into the pie crust.
7. Pour the glaze over the strawberries.
8. Refrigerate until set.

Decorate with whipped cream before serving.



Advice from Staff to Students

Christopher Sutch
MHS English Teacher:
"It always takes time to become truly good at something. Give yourself the time to find out what you will be good at, what you choose to do. Furthermore, give yourself permission to change your mind about things in your life. Many of us have to change up our lives at least once in order to become happy and satisfied. It's OK to do that."

Erica Malloy
MHS PLTW/Science Teacher:
"Be kind to people, you never know when you are going to need someone's help."

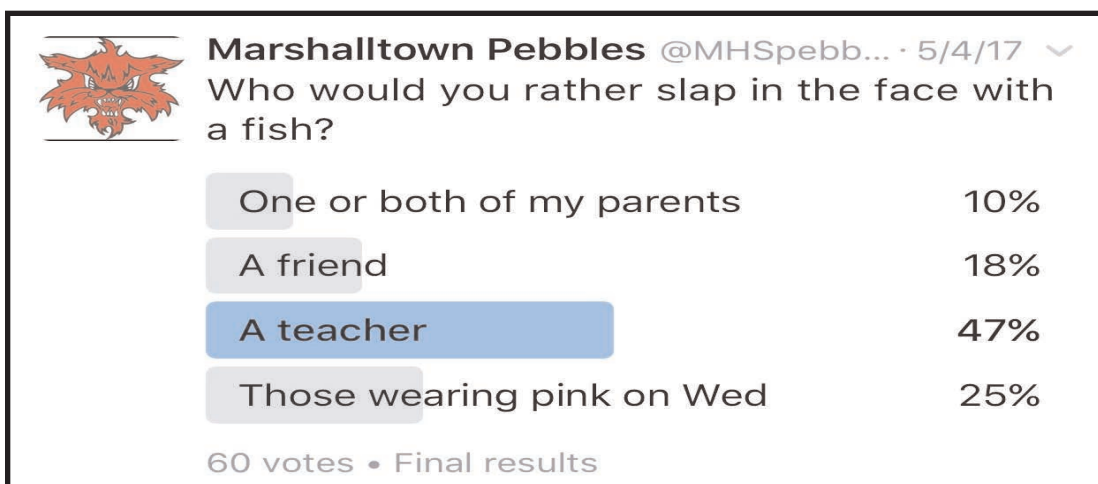
Carissa Lewis
MHS Business Teacher:
"Find the good or make it better and do NOT settle, exceed!"

James Christensen
MHS Spanish Teacher:
"Amateurs do it until they get it right. Professionals do it until they can't get it wrong."

Shelly Chandler
MHS English Teacher:
"Be kind!"

Theresa Theis
MHS Science Teacher:
"Always be true to yourself."

Pebbles Twitter Poll



Pebbles is Now on Twitter!
Follow us to keep up to date on current issues
@MHSpebbles



Bobcat Angle May 19, 2017

Stay Informed, MHS!

The Graduates Have Something to Say

By: Trevor Lewis



Nick Cooper:
"Participate in at least one extracurricular activity every year. Being part of a group is totally worth your time and can make high school way more enjoyable! Involvement in an extra-curricular may even spark interest for the career you want to pursue after MHS (it definately did for me)."



Aspen Chadderdon:
"Don't be afraid to be a leader, but remember that it is being humble, kind, and empathetic that makes you a good one."



Malory Henze:
"Get involved as much as possible."

MHS Senior Bobcat Angle

By: Trevor Lewis

MHS seniors have worked hard for the past four years of high school to get ready to move on to their next adventure. Seniors were given the option to respond to a Google Forms survey about their recognitions, awards and achievements inside and outside of high school. Those who responded to the survey are featured below. For space reasons, responses may have been edited.

Malory Henze:
*First Alternate in All-state band
*Conference champion in throwing discus
*Finished 10th in state throwing discus
*Silver Cord Service
*Division 1 in large group contest
*Honor Roll
*Iowa Ambassadors of Music trip
*American Legion Auxillary girl's state participant
*Various mission trips

Whitney Canaday:
*Student Rotarian and received Rotary scholarship
*1st place at color guard solo at MA Dance Competition
*Top 5% of the senior class

Kellie Matney:
*Academic award
*MVP recognition
*Scholarship awards

Tyler Smith:
*National Honor Society
*Honor Roll

Kyra Long:
*Playing sports and having the honor to be team captain senior year for soccer and basketball

Supoch Pinitchan:
*Received district champion in swimming 200 freestyle and 4x100 relay

Rocio Reyes:
*Art in the art fair
*I make art and sell it to others

Shylin Cox:
*Grand champion in show choir competition

Frank Iole:
*Allstate choir
*Boy's State
*Received Outstanding Soloist

Lay Htoo:
*Scholastic achievement
*Academic letters
*Student Rotarian
*NHS member
*Key club member

Ryan Anderson:
*Received Blue Merit at the CIML art show
*Division 1 for a quartet

Luz Morciego:
*Team captain in basketball

Michelle Ankrum:
*Silver Cord Service
*Girl's state nominee
*Student Rotarian
*NHS
*TR Leader of tomorrow
*In top 5% of class
*1st and 2nd place in Poetry Out Loud
*Division 1 in violin solo
*Good Citizen award
*Outstanding officer award: state chaplain

Hannah Shirar:
*Captain's award: Cross Country
*Academic excellence
*Athletic excellence
*Musical excellence
*Governor's Scholar
*Johnson-Engel Endowment award
*Chamber of Commerce Academic excellence

Allison Reeder:
*Received Academic letter
*Received Athletic letter in Diving

Kailey Miller:
*Honor Roll
*MEP Leadership
*Won saddles and buckles in horse barrel racing

PEBBLES

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Pebbles is published to inform, educate and entertain the students and faculty of Marshalltown High School.

Letters to the editor are welcomed, and should be delivered to room 212 or mailed to MHS in care of the Publications department.

Letters should be signed, but anonymity may be granted on case to case basis. The Pebbles Staff reserves the right to edit all letters.

Unsigned editorials represent the majority opinion of the Pebbles staff. Signed commentaries represent the opinions of the writer and do not necessarily reflect the views of the Pebbles Staff.

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