



**Our students learn
self-defense,
respect
and self-control
in a fun and
safe class!**

For all ages 4 to 99.

Classes forming now!

Tiger Cubs for ages 4-5-6

Cubs learn how to work with others and follow directions. We teach focus, teamwork, control, balance, memory, discipline and coordination. We make learning fun and educational. *Parents are encouraged to participate with their children.



Beginner & Advanced Classes

Students aged 7 and up

Tiger Taekwondo offers a safe, comfortable learning atmosphere with master instructors **who make learning fun**. Our students compete at all levels from local to national. Some adults may choose not to compete but instead focus on fun, physical fitness and advancement.

**Classes held at:
M L A Building
1002 South 3rd Ave.**

**Contact
Master Sandy
tel 753-5796
txt (641)750-0684**



**Taekwondo is not
about fighting, but
about possessing
the knowledge to
defend yourself,
developing respect
for yourself and
others, and a fun
sport for exercise
and good health,
naturally.
*Master Doc***