



...is an educational, interactive, multi-media, fertility awareness workshop for young girls ages 9-13. The girls gain knowledge of what is going on inside their bodies in relation to puberty. Participation in the Cycle Show Workshop gives girls a healthy respect for their bodies and can help them desire to make good choices as they move into their teenage years. There is no religious component in the workshop, only an emphasis on how wonderfully well the human body works!

### *Cycle Show Workshop Dates:*

Wednesday July 28, 2020    Saturday November 6, 2021

9am – 2pm at Guiding Star Marshalltown 2501 S. Center St. Suite Q

Parent Presentations are open to parents, teachers, administrators, healthcare workers and anyone who would like more information. This 1 and ½ hour presentation is highly recommended before your daughter attends a workshop.

**Parent Presentations** will be offered on the following dates and times:

Tuesday July 27 and Tuesday October 26 at 8pm via Webinar

Monday July 26 and Thursday November 4 at 7pm in person at Guiding Star Marshalltown.

**Please register in advance.**

**Note: workshop size minimum of 6 and maximum of 12 girls**

For more information email: [linda@guidingstarmarshalltown.org](mailto:linda@guidingstarmarshalltown.org)

To register: <https://guidingstarmarshalltown.org/cycle-show>

*I can only protect what I value and respect*